

# 2008 MIAC Cross Country Championships



November 1, 2008  
Men: 2 p.m.  
Women: 3 p.m.  
Como Golf Course  
St. Paul, Minn.  
Host: University of St. Thomas



| 2008 MIAC Men's Championship         | 2008 MIAC Women's Championship       |
|--------------------------------------|--------------------------------------|
| <a href="#">Race Results</a>         | <a href="#">Race Results</a>         |
| <a href="#">Championship Recap</a>   | <a href="#">Championships Recap</a>  |
| <a href="#">Championship Preview</a> | <a href="#">Championship Preview</a> |
| <a href="#">Course Map</a>           | <a href="#">Course Map</a>           |

St. Paul, Minn. -- St. Olaf College won the men's team title and the University of St. Thomas won the women's championship at the 2008 MIAC Cross Country Championships Saturday afternoon.

Individually, St. Olaf's Duboul Ruon won the men's race and Bethel junior Marie Borner won her second straight women's championship.

The St. Olaf men captured their third MIAC title and second since 2004 by holding off the ten other conference teams. Hamline's 87 points was good for second behind St. Olaf's 75. St. Thomas was third, followed by Bethel and 2007 champion Saint John's.

Behind five finishes in the top 20, the St. Thomas women were able to edge out Bethel and Carleton. St. Thomas finished with a team total of 66 points just barely ahead of second-place Bethel (68 points) and Carleton (71). St. Olaf (104) and Hamline (136) rounded up the top five teams. The team title is St. Thomas' 15th, an MIAC best. Ruon held off Macalester's Martin Mudry by four seconds to claim the league's individual crown in his first season of collegiate cross country. Hamline senior Brandon Gleason was third, with Bethel's Dan Greeno in fourth, and Gustavus' Dan Foley in fifth.

Bethel junior Marie Borner won her second straight women's individual championship and in the process shattered the six-kilometer course record with a time of 21:11.47. Borner's teammate Alex Potter was second, followed by Simone Childs-Walker (Carleton), Katie Theisen (St. Thomas), and Hailey Brenden (Concordia).

The MIAC Championships were run Saturday afternoon, November 1 at Como Golf Course in St. Paul, Minn.



**2008 MIAC Men's Team Champions - St. Olaf College**



**2008 MIAC Women's Team Champions - University of St. Thomas**



**2008 MIAC Men's All-Conference Team**



**2008 MIAC Women's All-Conference Team**

| Men's Cross Country History                          | Women's Cross Country History        |
|------------------------------------------------------|--------------------------------------|
| <a href="#">Recordbook</a>                           | <a href="#">Recordbook</a>           |
| <a href="#">Archives</a>                             | <a href="#">Archives</a>             |
| <a href="#">2007 Championship Team Results</a>       | 2007 Championship Team Results       |
| <a href="#">2007 Championship Individual Results</a> | 2007 Championship Individual Results |
| <a href="#">2007 Championship Recap</a>              | 2007 Championship Recap              |
| <a href="#">2007 MIAC Awards</a>                     | 2007 MIAC Awards                     |

**Como Golf Course:** | [Map to Course](#) |

MIAC Men's Cross Country | [Website](#) | [Composite Schedule](#) | [Team Pages](#) |  
MIAC Women's Cross Country | [Website](#) | [Composite Schedule](#) | [Team Pages](#) |

[USTFCCCA Cross Country Championship Central](#)